

September 2026

Tillsonburg Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Resident Council Week: September 14th-20th 	1 10:00am Fitness with Physio 11:45am My Hilarious Job History 1:45pm Euchre Club 2:45pm Board Games	2 9:30am Water the Flowers 10:15am Fitness with Physio 11:00am Jeopardy Time 2:00pm Java Music Group 3:00pm Feeding the Birds	3 9:30am Resident's Food and Council Meeting 10:45am Story Time with Marlene 1:45pm Painting Dream Catchers	4 10:00am Fitness with Physio 1:45pm Simon Says: 70's Dance Moves 2:45pm Tie Dye Fun 6:00pm Movie Night!	5 9:30am Sing Along with Susie Q 10:30am Nifty Nails! 1:45pm Euchre Club 2:45pm Remembering Old-Time Advertisements & Jingles
6 9:30am EZ Does it Trivia 10:30am Coffee and Chats 1:30pm Spiritual Service with Dave Marten 3:00pm Afternoon Chores	7 Hairdresser is in! 9:30am 1970's Trivia 10:30am Residents' Monthly Meeting 1:45pm Bingo 3:00pm Walks in the Courtyard	8 10:00am Fitness with Physio 10:45am Pet Visits with Blu 1:45pm Euchre Club 2:00pm Melody Makers 3:00pm Wheelchair Strolls	9 9:30am Therapeutic Hand Massages 10:00am Catholic Communion 10:15am Fitness with Physio 2:00pm Crafters Corner: Bird Baths 3:00pm Go With The Flow	10 9:30am Stroll to Art Centre 10:30am Someone's In The Kitchen 10:45am Story Time with Marlene 2:00pm Resident's Birthday Party with Traci K	11 10:00am Fitness with Physio 2:00pm Mind Aerobics 6:00pm Bocce Ball 7:00pm Guided Imagery Meditation	12 10:00am Music with "1962" 11:00am 1:1 Visits 1:45pm Euchre Club 3:00pm September Word Puzzles
13 Grandparent's Day 9:30am Mini Put Fun 10:30am Spiritual Service 2:00pm Grandparents Social 3:00pm Craft & Connect	14 9:30am Pet Visits with Blu 9:30am Happy Trails 10:30am Visits with Sonbeam Daycare 1:45pm Bingo 3:00pm Creative Colouring	15 9:30am Seasonal Sensations 10:00am Fitness with Physio 10:30am Morning Chores 12:00pm Dining In: Tito's Pizza 1:45pm Euchre Club 2:00pm Heads Up!	16 9:30am Readers Theater 10:15am Fitness with Physio 10:45am Mandela Art 2:00pm Word in Word 3:00pm Walks in the Courtyard	17 9:30am Readers Theater 10:45am Story Time with Marlene 2:30pm Fall Fair Games 3:00pm Catholic Mass	18 9:00am LTC Engagement Day-Community Outing 10:00am Fitness with Physio 2:00pm Retro Movie Matinee 3:00pm Fall Inspirations	19 9:30am 1:1 You and Me 10:30am Bean Bag Toss 1:45pm Euchre Club 3:00pm Chair Yoga
20 9:30am Manicures 10:30am Garden Gab 1:30pm Spiritual Service with Dave Marten 3:00pm Time With You	21 Hairdresser is in! 9:30am 1:1 You and Me 10:00am Little Tracks Petting Zoo 1:45pm Bingo 3:00pm Afternoon Chores	22 10:00am Fitness with Physio 12:00pm Cooking Club: Soup & Grilled Cheese 1:45pm Euchre Club 3:00pm What Bible Study am I?	23 10:15am Fitness with Physio 10:45am Pet Visits with Blu 11:00am Spotless Specs Cart 2:00pm Oktoberfest Celebration with Jim Cochetto 3:00pm 1:1 Strolls	24 9:30am Creative Writing 10:30am Word Game: Guggenheim 10:45am Story Time with Marlene 2:00pm Animals Up Close	25 10:00am Fitness with Physio 2:00pm Mind Aerobics 3:00pm S'more Fun 6:00pm Campfire Night with Matt	26 9:30am Let's Bake Banana Bread 1:45pm Euchre Club 2:45pm Mindfulness and Relaxation
27 9:30am Bean Bag Toss 10:30am Spiritual Service 2:00pm Coffee and Chat 3:00pm Afternoon News	28 9:30am Pet Visits with Blu 9:30am Happy Trails 10:30am Java Music Group 1:45pm Bingo 3:00pm Time With You	29 9:30am Decorating for Fall 10:00am Fitness with Physio 11:00am Courtyard Visits 1:45pm Euchre Club 2:00pm Outing to Southward Stables	30 Orange Shirt Day! 9:30am CNN 10 News! 10:15am Fitness with Physio 11:00am Calendar Visits 2:00pm Truth and Reconciliation Event			

Please contact the Recreation Department with any recreation related questions at extension 2209