





July 2026

PINECREST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>Cafe Open 2-4pm</p> <p>9:30 Your Pick!</p> <p>9:30 Baking with Purpose - RR</p> <p>9:30 Exercises with Physio</p> <p>10:15 Java Circle</p> <p>10:30 Pet Visits- TV Lounge</p> <p>1:30 Ice Cream Sundae Fundraiser</p> <p>2:00 Canada Day Celebration</p>	<p>2</p> <p>Cafe Open: 10-11:30am & 2pm-4pm</p> <p>9:30 Tai Chi</p> <p>10:30 Canada or the U.S? Trivia</p> <p>12:30 Young Ones Lunch</p> <p>1:45 Bingo</p> <p>2:00 Gardens & Gloves - The Hub</p> <p>3:15 Manicures</p>	<p>3</p> <p>Cafe Open 10:00-11:30am</p> <p>8:30 Daily Chronicles</p> <p>9:30 Exercises with Physio</p> <p>10:30 Café Visit</p> <p>10:30 Food & Residents Council</p> <p>2:00 Shuffleboard</p>	<p>4</p> <p>Cafe Open 1:00pm -3pm</p> <p>2:00 Super Quiz - TWC</p>
<p>5</p> <p>9:30 Peaceful Escape</p> <p>10:30 Catholic Communion - TWC</p> <p>2:00 Emanuel Reformed Church Service- TWC</p>	<p>6</p> <p>Cafe Open 2-4pm</p> <p>9:30 Exercises with Physio</p> <p>2:00 Old Tyme Music - GPA</p> <p>3:15 Weed & Water</p> <p>6:00 Pop Til You Drop</p>	<p>7</p> <p>Cafe Open 2-4pm</p> <p>9:15 Coffee Corner - Hub</p> <p>9:15 Wisdom and Whimsy - GPA</p> <p>1:30 Balance Class</p> <p>1:30 Pet Visits</p> <p>2:00 Piano Tunes at the Café</p> <p>2:30 Woodworking - Peach AR</p> <p>3:30 Courtyard Visits</p> <p>6:00 Campfire with Music from Matt</p>	<p>8</p> <p>Cafe Open 2-4pm</p> <p>9:30 Baking with Purpose - RR</p> <p>9:30 Exercises with Physio</p> <p>10:00 Wellness Wednesday's - GPA</p> <p>10:30 Pet Visits- TV Lounge</p> <p>10:30 Iced Coffee Fundraiser</p> <p>1:45 Bingo</p> <p>3:00 Gardening</p> <p>6:00 Virtual Quiz</p>	<p>9</p> <p>Cafe Open: 10-11:30am & 2pm-4pm</p> <p>2:00 Readers Theater Performance- GPA</p> <p>3:00 Catholic Mass - TWC</p> <p>3:30 Engagement Stations</p> <p>6:45 Ingersoll Pipe Band Front of Building</p>	<p>10</p> <p>Cafe Open 10:00-11:30am</p> <p>9:30 Exercises with Physio</p> <p>1:30 Seated Zumba</p> <p>2:00 Trivia Time</p> <p>3:00 Water the Plants</p> <p>6:00 Cocktails and Giggles on the Patio</p>	<p>11</p> <p>Cafe Open 1:00pm -3pm</p> <p>2:00 Saturday Social - Cafe</p>
<p>12</p> <p>2:00 Cornerstone Baptist GPA</p>	<p>13</p> <p>Cafe Open 2-4pm</p> <p>9:30 Busy Bee's</p> <p>9:30 Exercises with Physio</p> <p>10:30 Hymn Sing with Rev. Ted Winters - TWC</p> <p>2:00 Whole Home Bingo-GPA</p>	<p>14</p> <p>Cafe Open 2-4pm</p> <p>9:15 Coffee Corner - Hub</p> <p>9:15 Wisdom and Whimsy - GPA</p> <p>1:30 Balance Class</p> <p>1:30 Pet Visits</p> <p>2:00 Piano Tunes at the Café</p> <p>2:30 Men's Group - Peach AR</p> <p>3:15 Engagement Stations</p>	<p>15</p> <p>Cafe Open 2-4pm</p> <p>9:30 Baking with Purpose - RR</p> <p>9:30 Exercises with Physio</p> <p>10:00 Wellness Wednesday's - GPA</p> <p>10:30 Pet Visits- TV Lounge</p> <p>10:30 Iced Coffee Fundraiser</p> <p>2:00 Choir Practice -TWC</p> <p>2:00 Entertainment with Tonia- Joy</p>	<p>16</p> <p>Cafe Open: 10-11:30am & 2pm-4pm</p> <p>10:00 Outing</p> <p>2:00 Games Hour with BBBS Summer Camp Kids</p> <p>2:00 Young Ones Meal Prep</p> <p>3:30 Engagement Stations</p> <p>5:00 Young Ones Meal</p>	<p>17</p> <p>Cafe Open 10:00-11:30am</p> <p>9:30 Exercises with Physio</p>	<p>18</p> <p>Cafe Open 1:00pm -3pm</p> <p>9:30 Weed & Water</p> <p>10:15 Rock Painting</p> <p>2:00 Saturday Summer Social - GPA</p> <p>2:30 Root Beer Floats</p>
<p>19</p> <p>9:30 Sunday Social Front Lobby</p> <p>10:30 Catholic Communion - TWC</p> <p>2:00 Grace Presbyterian Church-TWC</p>	<p>20</p> <p>Cafe Open 2-4pm</p> <p>9:30 Exercises with Physio</p> <p>9:30 Manicures</p> <p>10:30 Card Games</p> <p>2:00 Old Tyme Music - GPA</p>	<p>21</p> <p>Cafe Open 2-4pm</p> <p>9:15 Coffee Corner - Hub</p> <p>9:15 Wisdom and Whimsy - GPA</p> <p>1:30 Balance Class</p> <p>1:30 Pet Visits</p> <p>2:00 Piano Tunes at the Café</p> <p>2:30 Woodworking - Peach AR</p> <p>6:00 Games Night</p>	<p>22</p> <p>Cafe Open 2-4pm</p> <p>9:30 Baking with Purpose - RR</p> <p>9:30 Exercises with Physio</p> <p>10:00 Wellness Wednesday's - GPA</p> <p>10:30 Pet Visits- TV Lounge</p> <p>10:30 Iced Coffee Fundraiser</p> <p>2:00 Cheers on Wheels</p> <p>3:15 Creative Colouring</p> <p>6:00 Residents' Monthly Meeting</p>	<p>23</p> <p>Cafe Open: 10-11:30am & 2pm-4pm</p> <p>10:30 BBBS Summer Camp Kids Exercise Class</p> <p>1:45 Bingo</p> <p>2:00 Dutch Club - Orchard A.R.</p> <p>3:30 Engagement Stations</p> <p>6:00 Campfire</p> <p>6:00 Gardens & Gloves -The Hub</p>	<p>24</p> <p>Cafe Open 10:00-11:30am</p> <p>9:30 Exercises with Physio</p> <p>12:30 Daily Chronicles</p> <p>2:00 The Write Word Game</p> <p>3:00 Memory Café</p> <p>6:00 Movie Night!</p>	<p>25</p> <p>Cafe Open 1:00pm -3pm</p> <p>2:00 Travelogue - Ye Old Williamsburg</p>
<p>26</p> <p>9:30 Coffee and Catch Ups</p> <p>10:30 Parachute Fun</p> <p>2:00 Salvation Army Church GPA</p> <p>3:00 Pampered Hand Visits</p>	<p>27</p> <p>Cafe Open 2-4pm</p> <p>9:30 Baking with Purpose - the Hub</p> <p>9:30 Busy Bee's</p> <p>9:30 Exercises with Physio</p> <p>10:15 Bakers Corner</p> <p>2:00 Whole Home Bingo-GPA</p>	<p>28</p> <p>Cafe Open 2-4pm</p> <p>9:15 Coffee Corner - Hub</p> <p>9:15 Wisdom and Whimsy - GPA</p> <p>11:00 Courtyard Visits</p> <p>1:30 Balance Class</p> <p>1:30 Pet Visits</p> <p>2:00 Piano Tunes at the Café</p> <p>2:00 Water Day Activities</p>	<p>29</p> <p>Cafe Open 2-4pm</p> <p>9:30 Baking with Purpose - RR</p> <p>9:30 Exercises with Physio</p> <p>10:00 Wellness Wednesday's - GPA</p> <p>10:00 YFM Market Day 10am-3pm</p> <p>10:30 Pet Visits- TV Lounge</p> <p>10:30 Iced Coffee Fundraiser</p> <p>2:00 Choir Practice -TWC</p> <p>2:00 Wine Down Wednesday</p>	<p>30</p> <p>Cafe Open: 10-11:30am & 2pm-4pm</p> <p>9:30 Tai Chi</p> <p>10:15 Never Have I Ever</p> <p>12:30 Young Ones Lunch</p> <p>2:00 Beachball Volleyball On The Patio</p> <p>3:15 Manicures</p>	<p>31</p> <p>Cafe Open 10:00-11:30am</p> <p>9:30 Exercises with Physio</p> <p>10:00 Down to the Cafe</p> <p>12:30 Order In</p> <p>2:00 Garden Spruce Ups!</p> <p>2:00 Lemonade on the Patio</p> <p>3:15 Your Pick</p>	

AR - Activity Room (Neighbourhood), TWC - Worship Centre, DR - Dining Room, The Hub - Recreation Room - Upper level, GPA - General Purpose Area 1st floor. CY- Courtyard