November 2026

PINECREST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Crossword 10:30am Travelogue 2:00pm Emanuel Reformed Church Service-TWC	**2** Cafe Open 2pm-4pm 9:30am Exercises with Physio 9:30am Manicures *10:30am Hymn Sing with Rev. Ted Winters - TWC* 2:00pm Whole Home Bingo-GPA	**3** Cafe Open 2pm-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Peaceful Escape *10:30am Virtual Quiz- TWC* 1:30pm Pet Visits *2:00pm Piano Tunes At The Café* Rec Meeting 2pm-4pm	**4** Cafe Open 2pm-4pm 9:30am Exercises with Physio 10:00am Wellness Wednesday's - GPA **10:00am Entertainment with Kim Atkins - DR** **10:30am Food Committee Meeting** **10:30am Coffee Day Fundraiser - Lobby** 1:30pm Balance Class with Physio 1:30pm SEWcial Club - GPA ***2:00pm Choir Practice -TWC*** 6:00pm SOAR Program - Lobby	**5** Cafe Open 10am-11:30 & 2pm-4pm 9:30am Zumba - TVL 10:30am Trivia Time 2:00pm Hymn Sing - TVL *2:00pm Musicares - GPA* 3:00pm Engagement Stations	**6** Cafe Open 10:00-11:30am 9:30am Exercises with Physio **9:30am Resident's Council** 12:15pm Cooking for Two 2:00pm Baking Buddies - AR 3:00pm Clean Up Crew 6:00pm Pub Night - AR	**7** 10:00am Travelogue with Paul - TWC 2:00pm War Time Sing-A-Long-TWC
8 10:30am Catholic Communion - TWC 2:00pm Spiritual Service with Ludwing-TWC	**9** Cafe Open 2pm-4pm 8:15am 1:1 Coffee and Chats 9:30am Exercises with Physio 10:15am You be the Judge - TVL *2:00pm Old Tyme Music - GPA* 3:00pm Walkabouts **5:00pm Young Ones Club - Order In**	**10** Cafe Open 2pm-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Peaceful Escape 10:30am Balloon Bash 1:30pm Pet Visits **2:00pm Baking with Purpose -Hub** *2:00pm Piano Tunes At The Café* 3:00pm Creative Colouring	**11** Cafe Open 2pm-4pm 9:30am Exercises with Physio 10:00am Wellness Wednesday's - GPA **10:30am Coffee Day Fundraiser - Lobby** 1:30pm Balance Class with Physio *2:00pm Remembrance Day Service with Rev. Ted Winters - GPA* 3:00pm Choir Practice 6:00pm SOAR Program - Lobby 6:00pm "A Reading of the Play Jake's Gift" TWC	**12** Cafe Open 10am-11:30 & 2pm-4pm 10:00am Cafe Volunteering with Teresa 1:45pm Bingo 3:00pm Catholic Mass - TWC 3:00pm Manicures	**13** Cafe Open 10:00-11:30am **9:00am Outing- Sign up with Rec** 9:30am Exercises with Physio **2:30pm Woodstock Museum: Woodstock's 125th Anniversary- TWC** 3:00pm 1:1 Social Visits	**14** Cafe Open 10:30-11:30am 10:00am Cafe Volunteering & Games 10:30am Readers Theater **2:00pm Fall Family Feud - TWC** 3:00pm Multicultural Day Prep and Meeting
15 10:00am Trivia Time 10:30am Travelogue 2:00pm Grace Presbyterian Church-TWC	**16** Cafe Open 2pm-4pm 9:30am Exercises with Physio 9:30am Pampered Hand Visits 1:1 10:30am Let's Play Cards! *10:30am Maritime Miles & Camino Smiles with Jen - TWC* 2:00pm Whole Home Bingo-GPA	**17** Cafe Open 2pm-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Peaceful Escape 10:00am Decorating Cafe Mantel 1:30pm Pet Visits **2:00pm Baking with Purpose -Hub** *2:00pm Piano Tunes At The Café* 3:00pm Creative Colouring	**18** Cafe Open 2pm-4pm 9:30am WCI Students At Cafe 9:30am Exercises with Physio 10:00am Wellness Wednesday's - GPA **10:30am Coffee Day Fundraiser - Lobby** 1:00pm Dumplings with Jade 1:30pm Balance Class with Physio 1:30pm SEWcial Club - GPA **1:45pm WDDS & Friends Dance** ***2:00pm Choir Practice -TWC*** 6:00pm SOAR Program - Lobby	**19** Cafe Open 10am-11:30 & 2pm-4pm 9:30am Tai Chi - TVL 10:00am Multicultural Presentation Prep 10:00am Cafe Volunteering with Teresa 1:00pm Multicultural Day Event 1pm-3pm GPA 2:00pm Hymn Sing - TVL 3:00pm Engagement Stations	**20** Cafe Open 10:00-11:30am 9:30am Exercises with Physio 10:00am Choir Practice-TWC 12:15pm Cooking for Two 2:00pm Baking Buddies - AR 3:00pm Clean Up Crew 6:00pm Scrabble 6:00pm Men's Group	**21** Holiday Market and Vendor Sale 9am-1pm 10:00am Holiday Market Visits 
22 9:30am Sunday Social at the Cafe 10:30am Catholic Communion - TWC 2:00pm Cornerstone Baptist Church Service- GPA	**23** Cafe Open 2pm-4pm 8:15am 1:1 Coffee and Chats 9:30am Exercises with Physio 10:15am Bean Bag Toss **12:00pm Order in Meal- (Sign Up with Rec)** *2:00pm Old Tyme Music - GPA* 3:00pm Walkabouts *6:15pm Dance in Style- GPA*	**24** Cafe Open 2pm-4pm 9:15am Wisdom and Whimsy - GPA 9:30am Peaceful Escape 10:15am Mini Putt 1:30pm Pet Visits **2:00pm Baking with Purpose -Hub** *2:00pm Piano Tunes At The Café* 3:00pm Creative Colouring *6:15pm Dance in Style- GPA*	**25** Cafe Open 2pm-4pm 9:30am WCI Students at the Cafe 9:30am Exercises with Physio 10:00am Wellness Wednesday's - GPA **10:00am YFM Market Day 10-2pm** **10:30am Coffee Day Fundraiser - Lobby** 1:30pm Balance Class with Physio 1:30pm SEWcial Club - GPA ***2:00pm Choir Practice -TWC*** **2:00pm Trimming the Tree** 2:00pm Dutch Club 6:00pm SOAR Program - Lobby	**26** Cafe Open 10am-11:30 & 2pm-4pm 10:00am Cafe Volunteering with Teresa 1:45pm Bingo 3:00pm Manicures	**27** Cafe Open 10:00-11:30am Soup Cookoff 11am-1pm - Lobby 8:00am Decking the Halls Day 9:30am Exercises with Physio *6:00pm Music with Matt- TWC*	**28** Cafe Open 10:30-11:30am 10:00am Cafe Volunteering & Games 10:00am Residents' Monthly Meeting 10:30am Readers Theater **2:00pm Name That Tune - TWC** 3:00pm Engagement Stations
29 10:00am Sunday Gratitude Social 10:30am Travelogue 2:00pm The Oxford Church- TWC	**30** Cafe Open 2pm-4pm 9:30am Exercises with Physio 9:30am Manicures 10:30am Let's Play Cards! *10:30am War Time Kitchen Presentation- GPA* 2:00pm Whole Home Bingo-GPA					

AR - Activity Room (Neighbourhood), TWC - Worship Centre, DR - Dining Room, The Hub - Recreation Room - Upper level, GPA - General Purpose Area 1st floor. CY- Courtyard