

October 2026

PINECREST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Cafe Open 10am-11:30 & 2pm-4pm National Seniors Day 9:45 Cafe Volunteering with Teresa 1:30 Seniors Day Golden Luau 3:00 Manicures	Cafe Open 10:00-11:30am 9:30 1:1 Sensory Visits 9:30 Exercises with Physio 10:15 Bingo 2:00 Crafty Hands & Full Hearts- AR 6:00 Virtual Quiz	10:00 Coffee and Socials 10:30 Board Games- AR 10:30 Cafe Volunteering 2:00 Bowling Tournament- GPA
4	5	6	7	8	9	10
9:30 Hymn Sing - TWC 10:45 Engagement Stations 2:00 Emanuel Reformed Church Service-TWC	Cafe Open 2pm-4pm 9:30 Exercises with Physio 9:30 Manicures 10:30 Hymn Sing with Rev. Ted Winters - TWC- Wdsk 2:00 Whole Home Bingo-GPA	Cafe Open 2pm-4pm 9:45 Sunshine and Stretches 10:15 Name this Sound- TVL 1:30 Pet Visits 2:00 Piano Tunes At The Café	Cafe Open 2pm-4pm 9:30 Exercises with Physio 9:30 Pampered Hand Visits 1:1 10:00 Wellness Wednesday's - GPA 10:30 Food Meeting & Res Council - TWC 10:30 Coffee Day Fundraiser - Lobby 10:30 Cranium Crunches 1:30 Balance Class with Physio 6:00 The Gee Gee's - TWC	Cafe Open 10am-11:30 & 2pm-4pm United Way Fundraising Kick Off - Chili Contest 9:30 Seated Zumba - TVL 10:00 Stirring Up Some Chili! 11:30 Special Event - Chili Tastings 3:00 Catholic Mass - TWC	Cafe Open 10:00-11:30am 9:30 Exercises with Physio 12:15 Cooking for Two 2:00 Baking Buddies - AR 6:00 Pub Night - AR 6:15 Residents' Monthly Meeting	2:00 Thanksgiving Choir Performance-GPA
11	12	13	14	15	16	17
9:30 Hymn Sing - TWC 10:30 Catholic Communion - TWC 2:00 Church of Epiphany	Thanksgiving Monday 8:15 1:1 Coffee and Chats 9:30 Exercises with Physio 10:30 Thanksgiving Facts And Fun 2:15 Active Games- TVL	Cafe Open 2pm-4pm 8:15 1:1 Whats New with You 9:15 Wisdom and Whimsy - GPA 10:30 Sunshine & Stretches 1:30 Pet Visits 2:00 Piano Tunes At The Café 2:00 Can You Picture This?	Cafe Open 2pm-4pm 9:30 Exercises with Physio 10:00 Wellness Wednesday's - GPA 10:30 Coffee Day Fundraiser - Lobby 1:30 Balance Class with Physio 1:45 Monthly Music with WDDS 3:00 Café Visits 6:00 Scrabble - DR	Cafe Open 10am-11:30 & 2pm-4pm 9:45 Cafe Volunteering with Teresa 1:45 Bingo 2:00 Dutch Club 3:00 Manicures	Cafe Open 10:00-11:30am 9:30 Exercises with Physio 9:30 Outing- (Sign up with Rec) 2:00 Crafty Hands & Full Hearts- AR 3:00 Coffee and Chats- AR	10:00 History of Halloween Monsters - Q&A 10:30 Cafe Volunteering 10:35 Dancing- The Monster Mash 1:30 Café Visit 2:00 Halloween Movie
18	19	20	21	22	23	24
9:30 Engagement Stations 10:30 News & Views 2:00 Grace Presbyterian Church-TWC	Cafe Open 2pm-4pm 9:30 Let's Play Cards 9:30 Exercises with Physio 10:30 Sing-A-Long - TVL 2:00 Whole Home Bingo-GPA	Cafe Open 2pm-4pm 9:15 Wisdom and Whimsy - GPA 10:00 Short Story: Big Hearts in a Small Town - TVL 1:30 Pet Visits 2:00 Piano Tunes At The Café	Cafe Open 2pm-4pm 9:30 1:1 Social Visits 9:30 Exercises with Physio 10:00 Wellness Wednesday's - GPA 10:30 Coffee Day Fundraiser - Lobby 1:30 Balance Class with Physio 2:00 Choir Practice -TWC	Cafe Open 10am-11:30 & 2pm-4pm 9:30 Tai Chi 10:00 Entertainment with Traci Kennedy 2:00 Java Circle	Cafe Open 10:00-11:30am 9:30 Exercises with Physio 12:15 Cooking for Two 2:00 Art of Illusion Magic Show - GPA 3:00 Halloween Rhyme Time 6:00 Crossword - DR	10:30 Entertainment with Eric
25	26	27	28	29	30	31
9:30 Sunday Social at the Cafe 10:30 Catholic Communion - TWC 2:00 Salvation Army Church - TWC	Cafe Open 2pm-4pm 9:30 Exercises with Physio 10:30 Through the Web Game 1:30 World's Largest and Most Powerful Steam Train 2:00 Young Ones Meal Prep 2:00 Old Tyme Music - GPA 5:00 Young Ones Dinner in the Hub	Cafe Open 2pm-4pm 8:15 1:1 Coffee and Chats 10:00 Carving Pumpkins 1:30 Pet Visits 2:00 Piano Tunes At The Café	Cafe Open 2pm-4pm 9:30 Exercises with Physio 10:00 Wellness Wednesday's - GPA 10:00 YFM Market Day - Front Lobby - 10am - 2pm 2:00 Games & Café Visits 2:00 Choir Practice -TWC 6:00 Hot Chocolate Social	Cafe Open 10am-11:30 & 2pm-4pm 9:45 Cafe Volunteering with Teresa 1:45 Bingo 3:00 Manicures	Cafe Open 10:00-11:30am 9:30 Exercises with Physio 10:00 Café Visits 12:00 Order in Fritzie's- (Sign Up with Rec) 1:30 Haunted House Tours	9:30 Spooky Socials & Reminisce 10:30 Cafe Volunteering 10:30 Creepy Crawly Sing along 2:00 Kiddos Halloween Parade 5:45 Trick-or-Treating - Lobby 6:00 What's Your Monster Name? - Lobby

AR - Activity Room (Neighbourhood), TWC - Worship Centre, DR - Dining Room, The Hub - Recreation Room - Upper level, GPA - General Purpose Area 1st floor. CY- Courtyard