

# July 2026

## Apple Grove

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>Cafe Open 2-4pm</b>  <b>9:30 Baking with Purpose - RR</b>  <b>1:15 Exercise Class (Rec)</b>  <b>1:30 Ice Cream Sundae Fundraiser</b>  <b>2:00 Canada Day Celebration</b>  <b>6:00 Canada or the U.S? Trivia</b></p>	<p><b>Cafe Open: 10-11:30am &amp; 2pm-4pm</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>12:30 Young Ones Lunch</b>  <b>2:00 Gardens &amp; Gloves - The Hub</b></p>	<p><b>Cafe Open 10:00-11:30am</b>  <b>10:30 Food Committee &amp; Residents Council</b>  <b>1:30 Exercises with Physio -TWC</b>  <b>2:15 Trivia</b>  <b>3:30 Walks and Strolls</b>  <b>6:00 Music with Rick - DR</b></p>	<p><b>Cafe Open 1:00pm -3pm</b>  <b>9:30 Snoezelen Room</b>  <b>10:00 Jumbo Scrabble</b>  <b>2:00 Super Quiz - TWC</b>  <b>3:00 1:1 Social Visits</b></p>
<p><b>5</b>  <b>10:30 Catholic Communion - TWC</b>  <b>2:00 Emanuel Reformed Church Service-TWC</b></p>	<p><b>6</b>  <b>Cafe Open 2-4pm</b>  <b>9:15 A Peaceful Escape</b>  <b>9:30 Exercise Class (Rec)</b>  <b>10:30 Java Music</b>  <b>2:00 Old Tyme Music - GPA</b></p>	<p><b>7</b>  <b>Cafe Open 2-4pm</b>  <b>9:15 Coffee Corner - Hub</b>  <b>9:15 Wisdom and Whimsy - GPA</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>1:30 Balance Class</b>  <b>1:30 Pet Visits</b>  <b>2:00 Piano Tunes at the Café</b>  <b>2:30 Woodworking - Peach AR</b></p>	<p><b>8</b>  <b>Cafe Open 2-4pm</b>  <b>9:30 Baking with Purpose - RR</b>  <b>10:00 Wellness Wednesday's - GPA</b>  <b>10:30 1:1 Spiritual Visits</b>  <b>10:30 Iced Coffee Fundraiser</b>  <b>2:30 News, Views &amp; Coffee</b>  <b>6:00 Virtual Quiz</b></p>	<p><b>9</b>  <b>Cafe Open: 10-11:30am &amp; 2pm-4pm</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>10:30 Bingo</b>  <b>2:00 Readers Theater Performance- GPA</b>  <b>3:00 Catholic Mass - TWC</b>  <b>6:45 Ingersoll Pipe Band Front of Building</b></p>	<p><b>10</b>  <b>Cafe Open 10:00-11:30am</b>  <b>1:30 Exercises with Physio - TWC</b></p>	<p><b>11</b>  <b>Cafe Open 1:00pm -3pm</b>  <b>9:30 Chair Yoga - TWC</b>  <b>10:30 Helping Hands</b>  <b>2:00 Saturday Social - Cafe</b>  <b>3:00 Walk and Talks</b></p>
<p><b>12</b>  <b>9:30 Snoezelen Room</b>  <b>10:00 Hymn Sing - TWC</b>  <b>2:00 Cornerstone Baptist GPA</b>  <b>3:00 Sunday Humour</b></p>	<p><b>13</b>  <b>Cafe Open 2-4pm</b>  <b>10:30 Hymn Sing with Rev. Ted Winters - TWC</b>  <b>1:15 Exercise Class (Rec)</b>  <b>2:00 Whole Home Bingo-GPA</b>  <b>6:00 Night Time Reading</b>  <b>7:00 1:1 Social Visits</b></p>	<p><b>14</b>  <b>Cafe Open 2-4pm</b>  <b>9:15 Coffee Corner - Hub</b>  <b>9:15 Wisdom and Whimsy - GPA</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>9:30 Reading Group</b>  <b>10:30 Crafters Corner</b>  <b>1:30 Balance Class</b>  <b>1:30 Pet Visits</b>  <b>2:00 Piano Tunes at the Café</b>  <b>2:30 Men's Group - Peach AR</b></p>	<p><b>15</b>  <b>Cafe Open 2-4pm</b>  <b>9:30 Baking with Purpose - RR</b>  <b>10:00 Wellness Wednesday's - GPA</b>  <b>10:30 Iced Coffee Fundraiser</b>  <b>1:15 Exercise Class (Rec)</b>  <b>2:00 Choir Practice -TWC</b>  <b>6:00 Card Games</b></p>	<p><b>16</b>  <b>Cafe Open: 10-11:30am &amp; 2pm-4pm</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>12:30 Lunchtime Chats</b>  <b>2:00 Games Hour with BBBS Summer Camp Kids</b>  <b>2:00 Young Ones Meal Prep</b>  <b>5:00 Young Ones Meal</b>  <b>5:45 Nat Geo Super Moose</b>  <b>6:45 Short Stories</b></p>	<p><b>17</b>  <b>Cafe Open 10:00-11:30am</b>  <b>1:15 Snoezelen Room</b>  <b>1:30 Exercises with Physio - TWC</b>  <b>2:15 Courtyard Social</b>  <b>3:15 News &amp; Views</b>  <b>6:00 Pampered Hand Visits</b></p>	<p><b>18</b>  <b>Cafe Open 1:00pm -3pm</b>  <b>2:00 Saturday Summer Social - GPA</b></p>
<p><b>19</b>  <b>9:30 Sunday Social Front Lobby</b>  <b>10:30 Catholic Communion - TWC</b>  <b>2:00 Grace Presbyterian Church-TWC</b></p>	<p><b>20</b>  <b>Cafe Open 2-4pm</b>  <b>9:15 A Peaceful Escape</b>  <b>9:30 Exercise Class (Rec)</b>  <b>12:30 Courtyard BBQ With Mike</b>  <b>2:00 Old Tyme Music - GPA</b></p>	<p><b>21</b>  <b>Cafe Open 2-4pm</b>  <b>8:15 1:1Coffee and Chats</b>  <b>9:15 Coffee Corner - Hub</b>  <b>9:15 Wisdom and Whimsy - GPA</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>1:30 Balance Class</b>  <b>1:30 Pet Visits</b>  <b>2:00 Piano Tunes at the Café</b>  <b>2:30 Woodworking - Peach AR</b></p>	<p><b>22</b>  <b>Cafe Open 2-4pm</b>  <b>9:30 Baking with Purpose - RR</b>  <b>9:30 Exercise Class (Rec)</b>  <b>10:00 Wellness Wednesday's - GPA</b>  <b>10:30 Iced Coffee Fundraiser</b>  <b>1:45 What Am I?</b>  <b>3:00 Courtyard Visits</b></p>	<p><b>23</b>  <b>Cafe Open: 10-11:30am &amp; 2pm-4pm</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>10:00 Café Visits</b>  <b>10:30 BBBS Summer Camp Kids Exercise Class</b>  <b>2:00 Bingo</b>  <b>2:00 Dutch Club - Orchard A.R.</b>  <b>6:00 Gardens &amp; Gloves -The Hub</b></p>	<p><b>24</b>  <b>Cafe Open 10:00-11:30am</b>  <b>1:30 Exercises with Physio - TWC</b></p>	<p><b>25</b>  <b>Cafe Open 1:00pm -3pm</b>  <b>9:30 Chair Yoga - TWC</b>  <b>10:15 Manicures</b>  <b>2:00 Travelogue - Ye Old Williamsburg</b>  <b>3:00 1:1 Social Visits</b></p>
<p><b>26</b>  <b>9:30 Snoezelen Room</b>  <b>10:00 Hymn Sing - TWC</b>  <b>2:00 Salvation Army Church GPA</b>  <b>3:00 Sunday Humour</b></p>	<p><b>27</b>  <b>Cafe Open 2-4pm</b>  <b>9:30 Baking with Purpose - the Hub</b>  <b>1:15 Exercise Class (Rec)</b>  <b>2:00 Whole Home Bingo-GPA</b>  <b>6:15 Pampered Hand Visits</b>  <b>7:00 1:1 Friendly Visits</b></p>	<p><b>28</b>  <b>Cafe Open 2-4pm</b>  <b>9:15 Coffee Corner - Hub</b>  <b>9:15 Wisdom and Whimsy - GPA</b>  <b>9:30 Creative Colouring</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>10:30 Memory Café: Remiscing about Summer Vacation</b>  <b>1:30 Balance Class</b>  <b>1:30 Pet Visits</b>  <b>2:00 Piano Tunes at the Café</b>  <b>2:00 Water Day Activities</b></p>	<p><b>29</b>  <b>Cafe Open 2-4pm</b>  <b>9:30 Baking with Purpose - RR</b>  <b>10:00 Wellness Wednesday's - GPA</b>  <b>10:00 YFM Market Day 10am-3pm</b>  <b>10:30 Iced Coffee Fundraiser</b>  <b>1:15 Exercise Class (Rec)</b>  <b>2:00 Choir Practice -TWC</b>  <b>2:00 Gardening</b>  <b>6:00 Card Games</b></p>	<p><b>30</b>  <b>Cafe Open: 10-11:30am &amp; 2pm-4pm</b>  <b>9:30 Exercises with Physio -TWC</b>  <b>12:30 Young Ones Lunch</b></p>	<p><b>31</b>  <b>Cafe Open 10:00-11:30am</b>  <b>1:30 Exercises with Physio - TWC</b>  <b>1:45 Remembering Parades</b>  <b>2:00 Garden Spruce Ups!</b>  <b>3:00 Outdoor Walks</b>  <b>6:15 Friday Night Movie - TWC</b></p>	

AR - Activity Room (Neighbourhood), TWC - Worship Centre, DR - Dining Room, The Hub - Recreation Room - Upper level, GPA - General Purpose Area 1st floor. CY- Courtyard