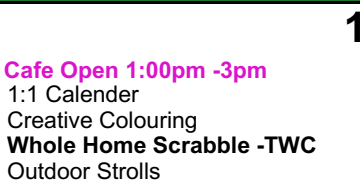


August 2026

Apple Grove

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 10:30am Catholic Communion - TWC 2:00pm Emanuel Reformed Church Service-TWC	3 Cafe Open 2-4pm 9:15am A Peaceful Escape 9:30am Exercise Class (Rec) 10:45am Trivia 2:00pm Old Tyme Music - GPA	4 Cafe Open 2-4pm 9:15am Coffee Corner - Hub 9:15am Wisdom and Whimsy - GPA 9:30am Exercises with Physio -TWC 1:30pm Balance Class 1:30pm Pet Visits 2:00pm Piano Tunes at the Café 2:30pm Woodworking - Peach AR	5 Cafe Open 2-4pm 9:30am Baking with Purpose - RR 9:30am Exercise Class (Rec) 10:00am Wellness Wednesday's - GPA 10:30am Food Committee & Resident's Council - TWC 1:30pm Iced Coffee Fundraiser - Lobby 2:00pm Choir Practice -TWC 2:00pm Trivia 6:00pm Virtual Quiz	6 Cafe Open 2pm-4pm 9:15am 1:1 Sensory Visit 9:30am Exercises with Physio -TWC 10:00am Wellness Cafe - Cafe 10:30am Reading Group 1:45pm Painting 6:00pm Gardens & Gloves -The Hub	7 Cafe Open 10:00-11:30am 1:30pm Exercises with Physio - TWC 2:00pm International Beer Day Event - GPA	8 Cafe Open 1:00pm -3pm 9:30am Sunshine & Stretches 10:00am Bingo 2:00pm Eurche Social at the Café
9 10:00am Hymn Sing - TWC 11:00am 1:1 Social Visits 2:00pm St. David's United Church- TWC	10 Cafe Open 2-4pm 10:30am Hymn Sing with Rev. Ted Winters - TWC 1:15pm 1:1 visits 2:00pm Whole Home Bingo-GPA	11 Cafe Open 2-4pm 9:15am Coffee Corner - Hub 9:15am Wisdom and Whimsy - GPA 9:30am Exercises with Physio -TWC 1:30pm Balance Class 1:30pm Pet Visits 2:00pm Piano Tunes at the café 2:30pm Men's Group - Peach AR	12 Cafe Open 2-4pm 10:00am Wellness Wednesday's - GPA 1:15pm Exercise Class (Rec) AG Lounge 1:30pm Iced Coffee Fundraiser - Lobby 6:00pm Making a Mad Lib -AG Lounge 7:00pm 1:1 Social Visits	13 Cafe Open 2pm-4pm 9:30am Exercises with Physio -TWC 10:00am Wellness Cafe - Cafe 2:00pm Table Hockey - TWC 2:00pm Young Ones Meal Prep 3:00pm Café Visits 5:00pm Young Ones Meal 6:00pm Hymn Sing- TWC 6:30pm Bible Study-TWC	14 Cafe Open 10:00-11:30am 1:30pm Exercises with Physio - TWC 2:00pm Patio, Pals & Pina Colada's 3:15pm Residents' Monthly Meeting 6:00pm Entertainment with Dave Bellaire - TWC	15 Cafe Open 1:00pm -3pm 2:00pm Music With 1962-GPA
16 10:00am Sunday Social at the Café 10:30am Catholic Communion - TWC 2:00pm Grace Presbyterian Church-TWC	17 Cafe Open 2-4pm 9:15am A Peaceful Escape 9:30am Exercise Class (Rec) 10:00am Baking 2:00pm Old Tyme Music - GPA	18 Cafe Open 2-4pm 9:15am Coffee Corner - Hub 9:15am Wisdom and Whimsy - GPA 9:30am Exercises with Physio -TWC 11:30am Outing to Swiss Chalet 1:30pm Balance Class 1:30pm Pet Visits 2:00pm Piano Tunes at the café 2:30pm Woodworking - Peach AR	19 Cafe Open 2-4pm 9:30am Baking with Purpose - RR 9:30am Exercise Class (Rec) 10:00am Bingo - TWC 10:00am Wellness Wednesday's - GPA 1:30pm Iced Coffee Fundraiser - Lobby 2:00pm Choir Practice -TWC	20 9:30am Exercises with Physio -TWC 9:30am Manicures 10:00am Wellness Cafe - Cafe 10:30am Who Am I? 6:00pm Gardens & Gloves -The Hub	21 Cafe Open 10:00-11:30am 1:30pm Exercises with Physio - TWC	22 Cafe Open 1:00pm -3pm 9:30am Exercise Class Rec 10:00am Bingo 2:00pm Sing-A-Long-TWC
23 9:15am Daily Chronicles 10:00am Hymn Sing - TWC 2:00pm Cornerstone Baptist Church- TWC 2:45pm Friendly Visits	24 Cafe Open 2-4pm 1:15pm 1:1 visits 2:00pm Whole Home Bingo-GPA 3:30pm Nordic Chair 6:00pm Shake, Rattle & Roll	25 Olivia 8-4 Cafe Open 2-4pm 8:15am 1:1 Coffee and Chats 9:15am Coffee Corner - Hub 9:15am Wisdom and Whimsy - GPA 9:30am Exercises with Physio -TWC 1:30pm Balance Class 1:30pm Pet Visits 2:00pm Piano Tunes at the café 2:30pm Men's Group - Peach AR	26 Cafe Open 2-4pm 9:30am Baking with Purpose - RR 10:00am Wellness Wednesday's - GPA 10:00am YFM Market Day - Front Lobby - 10am - 2pm 10:30am Iced Coffee Fundraiser - Lobby 1:30pm Market Visits 2:00pm Choir Practice -TWC 3:00pm Pampered Hands 6:00pm Movie Night	27 Cafe Open 2pm-4pm 9:30am Exercises with Physio -TWC 10:00am Wellness Cafe - Cafe 12:30pm Young Ones Lunch 6:00pm Hymn Sing- TWC 6:30pm Bible Study-TWC	28 Cafe Open 10:00-11:30am 10:00am Café Visits 1:30pm Exercises with Physio - TWC 2:00pm Trivia 4:00pm Dinner with Friends (sign up with Recreation) 6:00pm Entertainment with Tonia Joy - TWC	29 Cafe Open 1:00pm -3pm 9:30am Baking Key Lime Pie - The Hub 11:00am Helping Hands 2:00pm Travelogue - Exploring the Everglades 3:00pm 1:1 Social Visits
30 10:30am Catholic Communion - TWC 2:00pm The Oxford Church- TWC	31 Cafe Open 2-4pm 9:15am A Peaceful Escape 9:30am Exercise Class (Rec) 12:15pm Courtyard BBQ with Rick Frook 2:00pm Old Tyme Music - GPA					

AR - Activity Room (Neighbourhood), TWC - Worship Centre, DR - Dining Room, The Hub - Recreation Room - Upper level, GPA - General Purpose Area 1st floor. CY- Courtyard